

PERSONAL CARE SERVICES

WHAT IS THE PCS BENEFIT?

Personal Care Services (PCS) is a Medicaid benefit that helps clients with everyday tasks. These tasks are called activities of daily living (ADLs) and instrumental activities of daily living (IADLs).

EXAMPLES OF ADLs

- Bathing
- Eating
- Going to the toilet
- Dressing
- Walking

EXAMPLES OF IADLs

- Laundry
- Light housework
- Fixing meals

WHO CAN GET PCS?

Clients from birth through age 20 may get PCS. They must:

- Be on Medicaid.
- Have a disability, physical or mental illness, or a health problem that lasts for a long time.
- Need help with ADLs and IADLs based on the Personal Care Assessment Form (PCAF).

Do you need help with these tasks? Is that due to a physical, mental, or behavioral limitation? Is the limitation related to a disability, physical or mental illness, or a health problem that lasts for a long time? If so, you may be able to get PCS.

ASSESSMENTS AND REASSESSMENTS

An assessment is a review of your condition to decide if you can get PCS. Reassessments are other reviews that are done after the first one. You and your DSHS case manager will complete a Personal Care Assessment Form (PCAF). The result will decide how much PCS you will need.

There are steps to take after you begin getting PCS.

You must have a reassessment:

1. Every 12 months.
2. When there is a change in medical condition or in your living situation at home.

CASE MANAGEMENT FOR CHILDREN AND PREGNANT WOMEN

You may also be able to get case management services. These services help you when you have a health problem or are at risk for a health problem. Case management may help you with:

- Finding medical services.
- Education and school-related problems.
- Money concerns.
- Equipment problems.
- Finding help near where you live.

DSHS CASE MANAGER AND REGION

SELECTED PCS PROVIDER

MEDICAL HOME



FOR MORE INFORMATION AND HELP
TEXAS MEDICAID & HEALTHCARE PARTNERSHIP (TMHP)

PCS Client Line

For questions about the PCS benefit,
call 1-888-276-0702 free of charge,
Monday through Friday, 7 A.M. to 7 P.M.



CASE MANAGEMENT FOR CHILDREN AND PREGNANT WOMEN

If you want to know about case management services, call DSHS at 1-877-847-8377 free of charge, or visit the Case Management for Children and Pregnant Women website at www.dshs.state.tx.us/caseman

