

PERSONAL CARE SERVICES

WHAT IS THE PCS BENEFIT?

Personal Care Services (PCS) is a Medicaid benefit that helps clients with everyday tasks. These tasks are called activities of daily living (ADLs) and instrumental activities of daily living (IADLs).

EXAMPLES OF ADLs

- Bathing
- Eating
- Going to the toilet
- Dressing
- Walking

EXAMPLES OF IADLs

- Fixing meals
- Light housework

WHO CAN GET PCS?

Clients from birth through age 20 may get PCS. They must:

- Be on Medicaid.
- Have a disability, physical or mental illness, or a health problem that lasts for a long time.
- Need help with ADLs and IADLs based on the Personal Care Assessment Form (PCAF).

Does your child need help with these tasks? Is that due to a physical, mental, or behavioral limitation? Is the limitation related to a disability, physical or mental illness, or a health problem that lasts for a long time? If so, your child may be able to get PCS.

ASSESSMENTS AND REASSESSMENTS

An assessment is a review of your child's condition to decide if your child can get PCS. Reassessments are other reviews that are done after the first one. You and your child's DSHS case manager will complete a Personal Care Assessment Form (PCAF). The result will decide how much PCS your child will need.

There are steps to take after your child begins getting PCS.

Your child must have a reassessment:

1. Every 12 months.
2. When there is a change in medical condition or in your living situation at home.

CASE MANAGEMENT FOR CHILDREN AND PREGNANT WOMEN

Your child may also be able to get case management services. These services help your child and your family when your child has a health problem or is at risk for a health problem. Case management may help your child with:

- Finding medical services.
- Education and school-related problems.
- Money concerns.
- Equipment problems.
- Finding help near where you live.

DSHS CASE MANAGER AND REGION

SELECTED PCS PROVIDER

MEDICAL HOME



FOR MORE INFORMATION AND HELP
TEXAS MEDICAID & HEALTHCARE PARTNERSHIP (TMHP)

PCS Client Line
For questions about the PCS benefit,
call 1-888-276-0702 free of charge,
Monday through Friday, 7 A.M. to 7 P.M.



CASE MANAGEMENT FOR CHILDREN AND PREGNANT WOMEN

If you want to know about case management services, call DSHS at 1-877-847-8377 free of charge, or visit the Case Management for Children and Pregnant Women website at www.dshs.state.tx.us/caseman

